

Skilled Nursing Training		Length	Course ID
<b>Course</b>	<b>Nursing Skills: Hand Hygiene</b>	10:19	CLNCL0001
<b>Description</b>	Gain a Better Understanding of Hand Hygiene in Nursing! With this online course, you can acquire exam-relevant knowledge about hand hygiene in nursing—starting with washing and sanitizers, leading to the details of correct hand hygiene, such as removing jewelry and moisturizing.		
<b>Objectives</b>	Specify 5 moments for hand hygiene. List 3 materials required for handwashing. Describe the steps of handwashing using soap and water. Describe the steps of hand hygiene using a hand sanitizer. Assess the things to do and not to do regarding hand hygiene		
<b>Course</b>	<b>Nursing Skills: Sterile Field and Sterile Gloving</b>	21:51	CLNCL0002
<b>Description</b>	Gain a Better Understanding of the Sterile Field and Sterile Gloves! With this online course, you can acquire exam-relevant knowledge about the sterile field and sterile glove use in nursing—starting with the correct opening of sterile equipment, leading to the proper use of sterile gloves and special considerations for working in a sterile field.		
<b>Objectives</b>	List the materials required to open a sterile kit. Identify 4 things to inspect before opening a sterile kit. Describe the steps to opening a sterile kit. Describe the steps to opening a sterile pack. List the material(s) required to put on sterile gloves. Describe the steps for donning sterile gloves. Identify 4 violations of a sterile field. List 5 tips for successful maintenance of a sterile field.		
<b>Course</b>	<b>Nursing Skills: Intravenous (IV) Therapy Preparation and IV Push Medications</b>	53:56	CLNCL0003
<b>Description</b>	Gain a Better Understanding of Intravenous (IV) Therapy Preparation and IV Push Medications! With this online course, you can acquire exam-relevant knowledge about intravenous therapy preparation and IV push medications in nursing—starting with the preparation of the IV bag, leading to the different ways to administer IV medications and special considerations after administration.		
<b>Objectives</b>	List 2 examples of primary/maintenance/continuous fluids. Identify a reason when glass bottles are preferred over plastic bags for the administration of medication. List 5 materials required for intravenous bag preparation. Specify the use of vented tubing for the administration of fluid/medication by glass bottles. Describe the steps for intravenous (IV) therapy preparation. Specify the frequency of changing the IV tubing in most facilities. List 5 considerations for intravenous bag preparation. Describe the steps to take before the administration of an IV push medication. List 4 materials required for the administration of an intravenous (IV) bolus medication through an intermittent vascular access. Describe the steps for the administration of an IV bolus medication through an intermittent vascular access. Recognize the contraindications of administration of an IV bolus medication through an insertion site. List 4 materials required for the administration of an intravenous (IV) bolus medication through an intermittent continuous infusion line. Describe the steps for the administration of an IV bolus medication through an intermittent continuous line. List 4 materials required for the administration of a secondary medication infusion. Describe the steps of administering a secondary medication infusion. Assess the steps to follow post-administration of intravenous (IV) medication therapy. List 6 complications of IV therapy.		
<b>Course</b>	<b>Nursing Skills: Applying Restraints</b>	35:29	CLNCL0004
<b>Description</b>	Gain a Better Understanding of Applying Restraints! With this online course, you can acquire exam-relevant knowledge about applying nonbehavioral restraints for your patient's safety—starting with indications for the need for restraints, followed by instructions on using quick-release knots and different forms of restraints, including wrist restraints and restraint beds.		
<b>Objectives</b>	Compare non-behavioral and behavioral restraints. Define a physical restraint and a chemical restraint. Specify the goal of all client-safety plans. Evaluate special considerations before applying restraints. Specify things to document during the use of restraints. List prerequisite(s) for the application of quick-release knots. Describe the steps for the application of quick-release knots. Recount tips for the successful application of quick-release knots. List prerequisite(s) for the application of non-behavioral wrist restraints. Describe the steps for the application of non-behavioral wrist restraints. List prerequisite(s) for the application of restraint mittens. Describe the steps of applying restraint mittens. Specify the main purpose of a restraint bed. Describe the steps of using a restraint bed. Identify 9 features of safe restraint care. Recognize special considerations for death in restraints. Specify 4 potential complications of restraints. Review tips for successful use of restraints.		

<b>Course</b> <b>Nursing Skills: Seizure Precautions and Management</b>	10:34	CLNCL0005
<p><b>Description</b> Gain a Better Understanding of Seizure Precautions and Management in Nursing! With this online course, you can acquire exam-relevant knowledge about seizure precautions and management—starting with a set of equipment that you should have ready in case of seizures, leading to the actual management during and after a seizure, followed by the potential complications of a seizure.</p> <p><b>Objectives</b> Define seizure precautions. Identify clients that are at high risk for seizures. List 5 prerequisites to provide seizure safety for high-risk clients. Describe the nursing management of a client during and after a generalized seizure. Describe postictal state. Describe the steps of postictal management of a seizure. Identify 4 potential complications of seizures.</p>		
<b>Course</b> <b>Nursing Skills: Bed Bathing and Making an Occupied Bed</b>	46:32	CLNCL0006
<p><b>Description</b> Gain a Better Understanding of Bed Bathing and Making an Occupied Bed! With this online course, you can acquire exam-relevant knowledge about bed bathing and making an occupied bed—starting with preparations for the procedure, and leading to detailed instructions on how to bathe a patient in bed and change the linen of an occupied bed, which may be necessary after bed bathing.</p> <p><b>Objectives</b> List 8 prerequisites of bed bathing. Review the tips before preparing a client for bed bathing. Recount the steps of preparation of bed bathing. Describe the steps of bathing the face, head, and neck. Describe the steps of bathing the anterior and posterior body, and genitalia. Assess the post-procedure steps of bed bathing. Recount the tips for bed bathing a client. Review the steps of bathing the following areas of the body: face, head, and neck, anterior body, and posterior body and genitalia. Recount the steps bathing the genitalia of a male client and a female client. Review the post-procedure steps of bed bathing. Recount special considerations while bed bathing a client. List 3 prerequisites of making an occupied bed. Describe the preparation steps of making an occupied bed. Describe the steps of changing bed linens. Recount tips for making an occupied bed. Review the steps of changing the bed linens. Recognize things to ensure after completion of the procedure. Recount special considerations while making an occupied bed.</p>		
<b>Course</b> <b>Nursing Skills: Perineal Care</b>	18:56	CLNCL0007
<p><b>Description</b> Gain a Better Understanding of Perineal Care! With this online course, you can acquire exam-relevant knowledge about perineal care—starting with preparation of the necessary equipment, and leading to detailed instructions on how to perform perineal care on both women and men, as well as special considerations concerning hygiene and patient comfort.</p> <p><b>Objectives</b> List 4 prerequisites for providing perineal care. Describe the steps of preparation for perineal care. Review the steps of preparation for perineal care. Describe the steps of providing perineal care for a female client. Describe the steps for providing perineal care for a male client. Recount tips for successful perineal care for a male client. Describe the post-procedure steps of perineal care. Recognize special considerations for perineal care.</p>		
<b>Course</b> <b>Nursing Skills: Oral Hygiene for Bedridden Patients</b>	28:48	CLNCL0008
<p><b>Description</b> Gain a Better Understanding of Oral Hygiene for Bedridden Patients! With this online course, you can acquire exam-relevant knowledge about oral hygiene for bedridden patients—starting with patients who can still perform oral hygiene themselves, and leading to instructions on how to provide oral care for unconscious clients, as well as the use of oral care kits that make use of suction devices.</p> <p><b>Objectives</b> Specify 3 benefits of oral care. Identify the client groups to whom oral care is particularly important. List 6 prerequisites for oral care. Recount the steps of preparation for oral care. Describe the steps of supervising oral care for a bedridden client. Describe the post-procedure steps of supervising oral care. List 7 prerequisites to provide oral care for an unconscious client. Review the steps of preparation for oral care. Describe the steps of providing oral care to a debilitated or comatose client. Recount the post-procedure steps of providing oral care for an unconscious client. List prerequisites for cleaning dentures. Recount the steps of preparation for cleaning dentures. Describe the steps of cleaning dentures. Recount the post-procedure steps of cleaning dentures. Recount special considerations for providing denture care. List prerequisites for using oral care kits. Recount the steps of preparation for using oral care kits. Describe the steps of using oral care kits. Describe the post-procedure steps of using oral care kits. Review special considerations for supervising/providing oral care to clients.</p>		

**Course** Nursing Skills: Nasopharyngeal and Oropharyngeal Suctioning

1:48:25

CLNCL0009

**Description** Gain a Better Understanding of Nasopharyngeal and Oropharyngeal Suctioning! With this online course, you can acquire exam-relevant knowledge about nasopharyngeal and oropharyngeal suctioning—starting with indications for the use of suctioning in the oral and nasal cavities, followed by preparation of the equipment and detailed instructions on the procedure.

**Objectives** List prerequisites for nasopharyngeal and oropharyngeal suctioning. Describe the pre-procedural steps of nasopharyngeal and oropharyngeal suctioning. Describe the steps of nasopharyngeal and oropharyngeal suctioning. Recount precautionary measures to follow while doing nasopharyngeal and oropharyngeal suctioning. Review the pre-procedural steps of nasopharyngeal and oropharyngeal suctioning. Describe the post-procedure steps of nasopharyngeal and oropharyngeal suctioning. Identify 3 potential complications of nasopharyngeal and oropharyngeal suctioning. Review the tips for successful nasopharyngeal and oropharyngeal suctioning. Describe the location of the gastric tube when inserted in the body. Identify 4 potential uses of a gastric tube. List the 2 common types of gastric tubes. Describe the features and uses of the Salem Sump tube. Describe the difference between an orogastric and a nasogastric tube. Describe the features and uses of the Dobhoff gastric tube. Describe where the nasogastric tube is inserted into the body. List the pre-procedure steps for nasogastric tube insertion. List the materials required for nasogastric tube insertion. Describe the steps for nasogastric tube insertion. Describe the 2 scenarios in which the nurse should stop inserting a nasogastric tube. Recall the purpose of the air vent on the Salem Sump tube and specify how it should be positioned. Identify the 2 methods of enteral tube feeding. Identify the materials needed for bolus and continuous enteral tube feeding. Identify the features of a Lopez valve. Describe client positioning and head of bed height when administering tube feeding. Recall the materials required to administer a tube feeding by bolus. Describe the steps to administer a tube feeding by bolus. Describe the process of initiating continuous tube feeding. List the materials required to administer medications through an enteral feeding tube. Identify the pre-procedure steps for medication administration through an enteral feeding tube. Recall the types of medication that can be administered through an enteral feeding tube. Identify best practice for administering medication through an enteral feeding tube. Identify 4 potential complications of medication administration via enteral feeding tubes. Describe gastric decompression. List the supplies needed for gastric decompression via nasogastric tube. List the pre-procedure steps for gastric decompression via nasogastric tube. List the steps for gastric decompression via nasogastric tube. Identify the suction setting typically used for gastric decompression via nasogastric tube. Identify the special considerations for gastric depression via nasogastric tube. List the materials required for nasogastric tube removal. List the pre-procedure steps for nasogastric tube removal. List the steps for nasogastric tube removal. List the post-procedure steps for nasogastric tube removal. Identify the differences between a percutaneous endoscopic gastrostomy (PEG) tube and a nasogastric (NG) tube. Describe the anatomy of a PEG tube. Describe the steps for caring for the PEG tube site. Identify 11 potential complications for client's with PEG tubes.

**Course** Nursing Skills: Chest Tube Care

29:14

CLNCL0010

**Description** Gain a Better Understanding of Chest Tube Care! With this online course, you can acquire exam-relevant knowledge about chest tube care—starting with indications for the insertion of a chest tube, followed by correct monitoring and care of a chest tube to avoid infections and the correct method of documentation.

**Objectives** Identify the sites of chest tube placement for different purposes. Describe the structure of modern chest drainage systems. Compare the structures of wet and dry suction types. Describe the assessment of a potential air leak. Specify 3 indications of chest tube insertion. List prerequisites for the setup of a chest tube system. Recount the pre-procedure steps for setting up a chest tube system. Describe the steps for setting up a wet suction chest tube system and a dry suction chest tube system. Describe the post-procedure steps for setting up a chest tube system. Identify the parts of the chest tube setup that are sterile. Recount the pre-procedure steps for chest tube monitoring and care. Recount the post-procedure steps for chest tube monitoring and care. Describe the steps for monitoring and care of a wet and a dry suction chest tube. Compare the structures of wet suction and dry suction chest tubes. Specify 6 things to document regarding the chest tubes. Identify 6 possible complications of chest tubes.

<b>Course</b> <b>Nursing Skills: Intravenous (IV) Catheter Insertion and Removal</b>	46:07	CLNCL0011
<b>Description</b> Get a Better Understanding About Intravenous (IV) Catheter Insertion and Removal! With this online course, you will achieve exam-relevant knowledge about intravenous catheter insertion and removal for nursing—starting with an introduction and pre-procedure preparations, leading to the correct attachment of the extension tubing and what to keep in mind when removing the IV catheter.		
<b>Objectives</b> List the 4 pieces of equipment needed to insert an intravenous (IV) catheter. Name the 5 components included in an IV start kit. Describe the pre-procedure steps of IV catheter insertion. Describe the steps of IV insertion. Assess the method to apply a tourniquet. Recognize whether the inner wrist area can be used as an IV-insertion site. Explain why IV catheter insertion is started distally and then moved proximally. Explain the various methods on how to advance an IV catheter. Explain the angle that a vein should be punctured and why this is important. Describe the benefits of utilizing the one-handed method when advancing an IV catheter. Describe the steps involved in attaching an extension tubing. Recount 2 measures used to protect an IV site. Recognize the steps to be followed upon completing an IV catheter insertion. Describe the 5 measures used to care for and maintain an IV site. Name the 2 items that are required to remove an IV catheter. List the pre-procedure steps in the removal of an IV catheter. Describe the steps in the removal of an IV catheter. Recognize the steps to be followed upon removal of an IV catheter. Describe the 3 possible complications of an IV catheter insertion. Recount the tips for successful insertion and removal of an IV catheter.		
<b>Course</b> <b>Nursing Skills: Feeding a Patient</b>	06:32	CLNCL0012
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of feeding a patient (nursing).		
<b>Objectives</b> Describe the materials needed to safely feed a client. Explain how a nurse would prepare a client for feeding. Recognize potential complications during a feeding with a client.		
<b>Course</b> <b>Nursing Skills: Indwelling Catheters</b>	1:14:27	CLNCL0013
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of indwelling catheters (nursing).		
<b>Objectives</b> Differentiate the terms "indwelling catheter" and "intermittent catheterization". List indications for an indwelling catheter. Describe the pre-procedure process for insertion of an indwelling catheter. Determine the optimal client positioning for catheter insertion. Define a catheter. List supplies required for catheter insertion. List supplies included in a foley catheter insertion kit. Explain the procedure of catheter insertion in a female client. Describe how to maintain sterility during catheter insertion. Learn the useful tips related to catheter insertion in a female client. Demonstrate the procedure of catheter insertion in a female client. Explain the procedure of catheter insertion in a male client. Demonstrate the procedure of catheter insertion in male clients. Learn helpful tips related to catheter insertion in a male clients. Determine the difference in placement of a catheter in the bladder for a male client. Explain the post-procedure process of catheter insertion. Demonstrate the use of the catheter securement device. Describe how to prevent urine back up in the catheter. Demonstrate the use of the catheter drainage bag. Recognize the proper placement of the catheter collection bag. List six potential complications that can occur with indwelling catheter insertion. Explain the pre-procedure for female indwelling catheter removal. List the supplies needed for catheter removal. Demonstrate the procedure for female indwelling catheter removal. Learn the important tips to be applied in performing catheter removal for a female client. Explain the pre-procedure for male indwelling catheter removal. Demonstrate the procedure for male indwelling catheter removal. Describe five special considerations for clients with an indwelling catheter. Determine what nursing interventions can reduce rates of catheter acquired urinary tract infection (CAUTI). Demonstrate knowledge about the important steps that need to be done after catheter removal.		
<b>Course</b> <b>Nursing Skills: Enema Administration</b>	22:00	CLNCL0014
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of enema administration (nursing).		
<b>Objectives</b> Identify the purpose of enema administration. List different types of enema solutions. Identify equipment needed for enema administration. Learn the pre-procedure and considerations for setting up the enema. Demonstrate the pre-procedure of enema administration. Learn the procedure for inserting an enema. Identify the risks associated with enema administration. Develop communication skills related to enema administration. State the most important instruction for the client during the procedure. Demonstrate the procedure of enema administration. Identify factors that affect the client's ability to retain the enema solution. Learn the tips for effective enema administration. List enema solutions and alternatives that are best for each client. Identify potential complications that can occur with enema administration.		

<b>Course</b>	<b>Nursing Skills: Ostomy Pouching Systems</b>	48:17	CLNCL0015
<b>Description</b>	Gain a Better Understanding of Ostomy Pouching Systems! With this online course, you can acquire exam-relevant knowledge about ostomy pouching systems—starting with assessment of the stoma for skin irritations or leakage, followed by indications for when an ostomy bag needs to be emptied, as well as the procedure and considerations of emptying and applying a new bag.		
<b>Objectives</b>	Define what an ostomy is. Specify the main purpose of an ostomy. Recognize the difference between the three types of ostomies. Describe what a stoma is. Identify 6 indications for an ostomy. Identify the nursing care needed for an ostomy. Describe the measures of skincare for ostomies. Identify 6 things to look for while assessing a stoma. Recognize when to empty an ostomy bag. Describe the steps for emptying an ostomy bag. Recount the steps for cleaning an ostomy bag. Specify how frequently to empty an ostomy bag. Identify the important nursing care after emptying the ostomy bag. Specify the purpose of burping an ostomy bag. Describe and demonstrate the steps for burping an ostomy bag. State the most important thing to remember before burping an ostomy bag. Describe the pre-procedure steps for changing an ostomy pouch. List the 4 prerequisites for changing an ostomy pouch. Describe the steps for changing an ostomy pouch. Compare the structures of a one-piece pouch and a two-piece pouch. Identify the prerequisites for changing an ostomy pouch. Specify the purpose(s) of the stoma paste and barrier powder. Demonstrate the pre-procedure steps for changing an ostomy pouch. Describe the post-procedure steps for changing an ostomy pouch. Describe the detailed documentation for ostomy. Recognize special considerations for a client with an ostomy pouch. Recognize the daily and lifestyle changes of a client with ostomy. Recount dietary tips for a client with an ostomy pouch to prevent bloating.		
<b>Course</b>	<b>Nursing Skills: Using Safe and Effective Transfer Techniques</b>	43:04	CLNCL0016
<b>Description</b>	Gain a Better Understanding of Using Safe and Effective Transfer Techniques in Nursing! With this online course, you can acquire exam-relevant knowledge about using safe and effective transfer techniques—starting with an introduction to body mechanics, as the correct technique will not only make work easier but also safer for our own body as well as the patient's. The course then leads to preparations and techniques for different situations when a patient may need to be moved.		
<b>Objectives</b>	Specify the importance of proper body mechanics. Describe the following body mechanics: push, pull, stooping, and carrying. Describe logrolling and specify its importance. Describe the pre-procedure, procedure, and post-procedure steps of logrolling a client. Identify the reasons for logrolling a client. Describe the steps of pulling a client up in bed. List prerequisite(s) for using a gait belt. Recount how to properly ambulate a client using a gait belt. Describe the reasons a client may dangle on the side of the bed. Describe how to prepare for transferring a client and equipment required. Explain the steps to assist a client to dangle on the side of the bed. Describe the steps of transferring clients from bed to chair or wheelchair. Identify the following mobility equipment/devices and specify their use(s): bariatric bed, lifts, trapeze, slide board, mattress overlays, hover mat, client steady, reclining chairs, wheelchairs, crutches, and canes.		
<b>Course</b>	<b>Nursing Skills: Pressure-induced Injuries</b>	26:24	CLNCL0017
<b>Description</b>	In this course, Samantha Rhea will guide you through all of the relevant aspects of pressure-induced injuries (nursing).		
<b>Objectives</b>	Define a pressure injury. Identify areas of the body at risk for pressure injury when prone, supine and side-lying. List factors that increase risk for developing a pressure injury. Identify the five different layers of tissue a pressure injury can affect. Differentiate the four stages of pressure injury. Define a deep tissue injury. Explain when a pressure injury is considered unstageable. Learn how to prevent a pressure injury. Describe the nursing responsibilities related to pressure injury care. Explain how to assess a client's risk for developing a pressure injury. List nursing interventions related to pressure injury prevention. List devices that can be used to prevent a pressure injury.		

<b>Course</b> <b>Nursing Skills: Essential Concepts for Wound Care</b>	1:13:50	CLNCL0018
<p><b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of essential concepts for wound care (nursing).</p> <p><b>Objectives</b> Identify five different types of tape and state the indications for each. Identify two different types of IV dressings and the indications for each. Identify the features and indications for antimicrobial foam dressings. Identify the different types of common dressing supplies and the indications for each. Identify the 3 phases of wound healing. List the potential causes of delayed wound healing. Identify the treatment goals for clients with wounds. List the three areas of wound assessment. List the characteristics of a wound assessment. Describe the seven different types of wounds. Describe the 3 different types of wound tissue. Describe the process of wound measurement. Describe the different characteristics of wound exudate. Identify abnormal wound assessment findings. Recall the 3 areas of wound assessment. Recall how to measure wound depth. Recall how to describe wound location. List what to include when documenting the description of a wound bed. Describe 3 potential wound edge complications. Identify what to include when documenting the description of the peri-wound. Identify the purpose of wound irrigation. Identify three situations when wound irrigation is warranted. List the materials needed for wound irrigation. List the pre-procedure steps for wound irrigation. List the steps for wound irrigation. Recall the components of wound assessment. Recall how to measure a wound. Describe how to dress a wound following wound irrigation. List the post-procedure steps for wound irrigation. Identify possible complications of wound irrigation. Identify four special considerations for wound irrigation. Identify the purpose of a wound culture. List the steps for how to culture a wound. List the materials needed to collect a wound culture. Identify 4 wound culture errors to avoid. Recall how to irrigate a wound. Identify 3 therapies for extensive and hard to heal wounds. Describe the benefits and characteristics of vacuum assisted wound care. Identify the indications for hyperbaric wound treatment. Describe the purpose of compression stockings and bandages.</p>		
<b>Course</b> <b>Nursing Skills: Postoperative Care</b>	44:10	CLNCL0019
<p><b>Description</b> Gain a Better Understanding of Postoperative Care in Nursing! With this online course, you can acquire exam-relevant knowledge about postoperative care—starting with different assessments necessary after surgery, leading to how to support the patient's mobility as soon as possible and the selection of pain medication after surgery.</p> <p><b>Objectives</b> List prerequisite(s) for postoperative splinting. Describe and demonstrate the steps of postoperative splinting. State the importance of coughing after chest or abdominal surgery. List prerequisite(s) for incentive spirometry. Describe the pre-procedure and procedure steps of incentive spirometry. Recount the post-procedure steps of incentive spirometry. Identify the use of incentive spirometry. Tell the significance of performing the incentive spirometry after surgery. Describe progressive ambulation. Specify things to assess before moving a client out of bed. Perform and demonstrate bed exercises needed for a client before getting out of bed. Recount the nursing role in assisting a client to dangle at the bedside. Specify safety and mobilization devices that assist a client to stand. Describe the nursing role in assisting a client to stand. Recognize the safety measures while assisting a client to walk. Demonstrate how to assist client in dangling at the bedside, standing and walking out of bed. Describe the following pain assessment tools: numeric rating scale, Wong-Baker faces pain scale, face, legs, activity, cry, consolability (FLACC) scale, and pain assessment in advanced dementia (PAINAD) scale. Specify examples of non-pharmacological pain interventions. Recognize the importance of pain assessment. Describe the principles for the selection of pain medication. List and describe 4 factors to consider during reassessment of pain. Tell the significance of pain medication selection. Recognize the risk of thromboembolism in postoperative clients. Specify 2 devices that are used perioperatively to reduce the risk of thromboembolism. Compare sequential compression devices (SCDs) and anti-embolism stockings. Recount tips for successful application of SCDs and anti-embolism stockings.</p>		
<b>Course</b> <b>Nursing Skills: Postmortem Care</b>	06:09	CLNCL0020
<p><b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of postmortem care (nursing).</p> <p><b>Objectives</b> List the supplies needed to correctly care for a client after death. Explain how a nurse would care for a client after death. Describe special considerations when caring for a client after death.</p>		

<b>Course</b> <b>Nursing Skills: Medication Administration</b>	1:41:16	CLNCL0021
<b>Description</b> Get a Better Understanding About Medication Administration in Nursing! With this online course, you will achieve exam-relevant knowledge about medication administration in nursing—starting with the seven rights of medication administration, leading to the different forms of administration (e.g., oral, topical, subcutaneous) and what things to keep in mind post-procedure.		
<b>Objectives</b> Describe the 7 rights of drug administration. Recognize patients' rights regarding drug administration. Identify the 6 routes of drug administration. Describe the pre-procedural steps of medication administration. Identify the 3 checks done before administering a medication. Recognize 2 examples of patient identifiers before medication administration. Recount 2 patient identifiers before administering a medication if the patient is unable to verify his identity. Specify the 3 points to educate the patient before administering a medication. List the 3 prerequisites for the administration of an oral medication. Recognize the 7 rights of medication administration. Describe the steps in administering an oral medication. Cite an example of a medication administered by the sublingual route. Describe the method of administering a sublingual medication. Recount 4 tips for the safe administration of an oral medication. List the 2 prerequisites for the administration of a topical medication. Describe the steps in the administration of a topical medication. Recount 4 tips for the safe administration of a topical medication. List the 2 prerequisites for the administration of transdermal medications. Describe the steps in administering transdermal medications. Recount 5 tips for the safe administration of transdermal medications. List the 3 prerequisites for the administration of inhaled medications. Describe the steps in the administration of inhaled medications using a metered-dose inhaler. Describe the 2 types of inhalers and state their uses. Recount 4 tips for the safe administration of inhaled medications. List the 4 prerequisites for the administration of ocular medications. Describe the steps in the administration of ocular medications. Recount 3 tips for the safe administration of ocular medications. List the 3 prerequisites for the administration of otic medications. Describe the steps in the administration of otic medications. Specify the technique to straighten the ear canal while administering an otic medication in an adult and a child. Recount 4 tips for the safe administration of otic medications. List the 5 prerequisites for the administration of subcutaneous medications. Recognize the relationship between the gauge of a needle and its diameter. Identify the common sites for subcutaneous injections. Describe the steps in the administration of subcutaneous medications. Specify the use of an orange-capped syringe. Specify the method to safely recap a needle without sustaining a needlestick injury. Describe the steps to draw the drug out of a vial into a syringe. List 4 tips for the safe administration of subcutaneous medications. List the 5 prerequisites for the administration of intramuscular medications. Identify the 4 common sites for intramuscular injections. Describe the steps in the administration of intramuscular medications. Identify the 2 factors to be considered during needle selection. Specify the needle gauge commonly used for an intramuscular injection. State the needle lengths commonly used for an intramuscular injection. Describe the steps in withdrawing medication from a vial for intramuscular administration. Specify the angle to position the syringe while administering an intramuscular injection. Identify the landmark to administer an intramuscular injection in the deltoid muscle. Recount 5 tips for the safe administration of an intramuscular medication. Describe the steps of the Z-track method for intramuscular injections. Recognize the role of aspirating blood during an intramuscular injection and evaluate whether this practice is currently in use. Describe the post-procedural steps following medication administration.		
<b>Course</b> <b>Nursing Skills: Central Line Care</b>	20:27	CLNCL0022
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of central line care (nursing).		
<b>Objectives</b> List supplies required for central line blood sampling. Explain the different parts of a central line. List different venous sites for a central line. Demonstrate the pre-procedure process to central line blood sampling. Demonstrate the procedure of blood sampling from a central line. Explain how to appropriately cleanse a central line port prior to blood sampling.		
<b>Course</b> <b>Nursing Skills: Tracheostomy Care</b>	21:29	CLNCL0023
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of tracheostomy care (nursing).		
<b>Objectives</b> Define the tracheostomy. Demonstrate the use of emergency equipment in the case of a compromised tracheostomy. Explain the pre-procedure of tracheostomy care. State the most important assessment that a nurse should do prior to tracheostomy care. List supplies required for tracheostomy care. Learn tips for providing tracheostomy care. Explain and perform the procedure of tracheostomy care. Explain the post-procedure of tracheostomy care. Identify potential complications associated with tracheostomy care. Recognize special consideration when performing tracheostomy care.		

<b>Course</b> <b>Nursing Skills: Surgical Staple Removal</b>	13:29	CLNCL0024
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of surgical staple removal (nursing).		
<b>Objectives</b> List supplies required for staple removal. Explain the pre-procedure of staple removal. Explain the assessment of surgical incisions. Learn the tips for staple removal. Demonstrate how to clean a surgical incision. Demonstrate the procedure of staple removal. Demonstrate the use of adhesive strips for wound approximation. Explain the post-procedure of staple removal. Identify potential complications associated with staple removal.		
<b>Course</b> <b>Nursing Skills: Suture Removal</b>	11:53	CLNCL0025
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of suture removal (nursing).		
<b>Objectives</b> Describe the equipment that is needed for suture removal. Explain the steps in preparing the client for suture removal. Describe assessment of the incision site prior to suture removal. List the steps in performing suture removal. Describe steps to perform after sutures are successfully removed. Explain the importance of applying an adhesive strip after suture removal. Explain the post procedure steps after suture removal. Describe possible complications with sutures.		
<b>Course</b> <b>Nursing Skills: Urine Specimen Collection from an Indwelling Catheter</b>	19:19	CLNCL0026
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of urine specimen collection from an indwelling catheter (nursing).		
<b>Objectives</b> Understand the abbreviation CAUTI. List factors that increase risk for developing a catheter acquired urinary tract infection. Identify potential complications associated with catheter acquired urinary tract infection. Learn nursing interventions used to prevent catheter acquired urinary tract infection. Explain when indwelling catheter removal is appropriate. Explain contraindications for removal of an indwelling catheter. List supplies required for urine specimen collection from an indwelling catheter. Explain the pre-procedure for urine specimen collection from an indwelling catheter. Demonstrate and explain the procedure of collecting a urine specimen from an indwelling catheter.		
<b>Course</b> <b>Nursing Skills: Finger-stick Blood Glucose Level</b>	16:35	CLNCL0027
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of finger-stick blood glucose level (nursing).		
<b>Objectives</b> List the supplies needed to perform finger-stick blood glucose testing. Explain the steps that need to be taken prior to testing a client's blood glucose. Explain the difference between hypo and hyperglycemia. Explain the steps that need to be performed to identify the client and prepare the blood glucose machine for testing. Describe the steps when performing finger-stick glucose monitoring. Describe the different expirations on test and control vials. Explain how often a glucose machine needs to be cleaned. Explain the importance of monitoring accurate blood glucose levels. Describe the different frequencies that a blood glucose are typically checked.		
<b>Course</b> <b>Nursing Skills: Gowns and Personal Protective Equipment (PPE)</b>	19:57	CLNCL0028
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of gowns and personal protective equipment (PPE) (nursing).		
<b>Objectives</b> List the different types of personal protective equipment. Describe the steps for donning personal protective equipment. Explain why wearing personal protective equipment properly is essential. Explain, in order, the steps for removing personal protective equipment. Describe the difference between the two methods of personal protective equipment removal. Explain when a mask should be removed when removing personal protective equipment. Describe the difference between the different isolation precautions. Explain how the nurse knows when a client has a specific isolation		



<b>Course</b> <b>Nursing Skills: Admission History Assessment</b>	29:05	CLNCL0029
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of admission history assessment.		
<b>Objectives</b> Outline the steps to take upon the arrival of a new patient. Recall what identifiers can be used to confirm patient identity. List the systems involved in a head to toe assessment. Describe how to appropriately review orders from a health care provider. List the questions involved in obtaining a client health history. Explain how to indicate a client has an allergy. Differentiate between an advanced directive and code status. Describe 10 different safety screening tools used to tailor care to the client, prevent additional injury to the client, or refer the client to other services if necessary. Identify what information should be obtained when discussing home medications. Describe the importance of taking inventory of the client's belongings upon arrival. List the components of an education plan for a new client. List the components of a care plan for a client. Explain why discharge planning is started upon a client's arrival.		
<b>Course</b> <b>Nursing Skills: Drain Management</b>	10:41	CLNCL0030
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of drain management (nursing).		
<b>Objectives</b> Explain why closed-wound drains are vital to wound healing. Describe the 2 different types of closed-wound drains typically utilized for surgical wounds. Explain the difference between a Jackson-Pratt and Hemovac drain. Outline the pre-procedure steps to manage a closed-wound drain. Outline the procedure steps for managing a closed-wound drain. Describe why it is important assess both the insertion site and color of drainage in the drain. Explain the difference between serous, sanguineous, serosanguineous, and purulent drainage. Outline the post-procedure steps for managing a closed-wound drain. Explain why it is vital to document the amount of output from a closed-wound drain. Describe important nursing considerations while caring for a closed-wound drain.		
<b>Course</b> <b>Nursing Skills: Blood Collection Process: Venipuncture</b>	17:30	CLNCL0031
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of the blood collection process: venipuncture (nursing).		
<b>Objectives</b> Identify scenarios in which you would not perform venipuncture on a client's arm. Identify the correct needle gauge to use for venipuncture. List the correct order of blood collection tubes to draw. List the materials required for venipuncture. Recall the pre-procedure steps for venipuncture. Recall the steps for performing venipuncture.		
<b>Course</b> <b>Nursing Skills: Blood Administration</b>	14:53	CLNCL0032
<b>Description</b> In this course, Samantha Rhea will guide you through all of the relevant aspects of blood administration (nursing).		
<b>Objectives</b> Outline the pre-procedure steps for administration of blood products. List the special equipment that is required to administer blood products. Explain the signs and symptoms of a blood transfusion reaction. Explain why it is important to check for religious preferences before administration of blood products. Outline the correct order of steps for administration of blood products. Explain what steps the two-person verification process includes. Explain why the two-person verification process is important. Identify when a patient should be assessed before, during, and after a blood administration. Outline the steps for post-procedure blood administration post blood administration. Explain why it is important for the nurse to continue to assess the patient's vital signs, cardiovascular, and respiratory status.		

**Course Nursing Skills: Vital Signs**

1:44:38

CLNCL0033

**Description** In this course, Samantha Rhea will guide you through all of the relevant aspects of vital signs (nursing).

**Objectives** Identify the 5 vital signs considered to be a "full set of vitals". Identify the component commonly referred to as the "sixth vital sign". Describe why vital signs are collected and how they are used. Recall the guidelines for measuring vital signs. Describe the client teaching required for vital signs. Identify the components of recording vital signs. Identify the safety guidelines for collecting vital signs. Identify the normal temperature range. Identify the importance of collecting temperature. List the different ways to determine body temperature. Recall the importance of normal body temperature. List the factors affecting body temperature. Recall when a fever is a cause for concern for an adult client. Identify potential causes of abnormal temperatures. Describe the steps for taking an oral temperature. Describe the steps for taking a temporal temperature. Describe the steps for taking a tympanic temperature. Describe the steps for taking a rectal temperature. Describe the steps for taking an axillary temperature. Identify the normal range for heart rate. Describe what information can be gathered from a client's pulse. Recall the physiology of heart rate. Identify potential causes of an abnormal pulse. Identify the components of a pulse assessment. List the points on the body where the pulse can be assessed. Describe how to take a radial pulse. Describe how to take an apical pulse. Describe the different characteristics of a pulse. Identify the normal range for respiratory rate for different age groups. Define tidal volume. Identify the 3 components of assessing ventilation. Identify factors influencing respirations. List potential alterations in breathing patterns. Describe the steps to assess respiratory rate. Identify what is considered a normal blood pressure. Define arterial blood pressure. List factors affecting arterial blood pressure. Identify the stages of hypertension according to the American Heart Association. Describe the differences between hypertension and hypotension. Define orthostatic hypotension and describe how it can be assessed. Identify modifiable and nonmodifiable risk factors for hypertension. Identify how to determine appropriate blood pressure cuff size. Describe the steps for taking a manual blood pressure. Describe how to find the systolic and diastolic values when taking a manual blood pressure. Identify alternative methods of measuring blood pressure. Identify benefits and disadvantages of self-measuring blood pressure. Describe when a manual blood pressure is required. Describe how oxygen saturation is measured and the various devices that can be utilized for measurement. Explain the different kinds of pulse oximeter levels and how the various levels impact a client. List what can impact oxygen saturation levels and why oxygen levels are impacted in those various scenarios. Describe the steps on how to utilize a pulse oximeter. List the various considerations when utilizing a pulse oximeter.